

Ottawa High School

February 2016

SIDES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

DAILY SPECIALS

WEEK OF FEBRUARY 1 - 5

MONDAY	Beef Ravioli	
TUESDAY	Breaded Pork Chop	
WEDNESDAY	Meatball Sub	
THURSDAY	Chili & Tater Tots	
FRIDAY	Bean & Cheese Burrito	V

DAILY SPECIALS

WEEK OF FEBRUARY 8 - 12

MONDAY	Beef Taco, Spanish Rice, Refried Beans	
TUESDAY	Turkey & Cheese Sandwich	
WEDNESDAY	Pollock Fish Sticks	
THURSDAY	Breaded Chicken Patty, Mashed potatoes, Gravy, Hot Vegetable	
FRIDAY	Cheese Pizza	V

DAILY SPECIALS

WEEK OF FEBRUARY 15 - 19

MONDAY	Presidents Day No School	
TUESDAY	Corn Dog, Pasta Salad	
WEDNESDAY	Biscuit & Gravy, Sausage link	
THURSDAY	Hot Dog, Tater Tots	
FRIDAY	Macaroni & Cheese	V

DAILY SPECIALS

WEEK OF FEBRUARY 22 - 26

MONDAY	Chicken Nuggets	
TUESDAY	Baked Potato Bar	V
WEDNESDAY	Ham & Cheese Sandwich	
THURSDAY	Open Faced Turkey Sand. Mashed potatoes, Gravy, Hot Vegetable	
FRIDAY	Cheese Pizza	V

WEEK OF FEBRUARY 29 - MARCH 4

MONDAY	Polish Sausage on a Bun, Baked Beans	
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		

V Vegetarian

SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.